

4th Annual Update in Diabetes Care

Friday, October 1st, 2021



TARGET AUDIENCE

Advanced Practice Providers, Certified Diabetes Care and Education Specialists, Dietitians, Family Physicians, Geriatric Physicians, Internal Medicine, Nurses, Pharmacists, Primary Care Providers, and other healthcare professionals caring for patients with diabetes.

AGENDA

Friday, October 1, 2021	
Time	Title, Speaker, and Objectives
7:30 AM	Breakfast and Registration
8:00 AM	Welcome / Diabetes Basics 2021 Christopher W. Jones, MD Medical Director for Diabetes Care at Intermountain Healthcare, Diabetologist at Cottonwood Endocrine and Diabetes Center <ul style="list-style-type: none"> Identify current goals for diabetes patients according to the American Diabetes Association (ADA) guidelines Explain how to expand the team in Team Based Care for diabetes patients Correlate the two pandemics (COVID-19 and Diabetes) to understand their relationship
8:30 AM	Laboratory Tests in Patients with Diabetes Chard D. Bubb, MD Medical Director of Endocrinology, Intermountain Healthcare Nevada <ul style="list-style-type: none"> Identify when and how to test for autoimmunity in patients with diabetes Consider alternative tests for assessing glycemic control other than HbA1c Demonstrate how to calculate the equivalent HbA1c in patients with diabetes using fructosamine
9:00 AM	Motivational Interviewing for Diet and Exercise Grant Cefalo, MDA, RDN, CDCES Dietitian/Diabetes Educator, Intermountain Medical Group <ul style="list-style-type: none"> Discuss achievable exercise goals Discuss parts of the "Terrible Trio" and how they interact with each other Define chronic kidney disease and fatty liver disease in relation to patients with diabetes
9:30 AM	Diabetes Literature Update 2021 Emily Hays, PharmD, BCACP Advanced Clinical Pharmacist at the Alta View Clinic <ul style="list-style-type: none"> Assess the diabetes-relevant literature published in 2020-2021 Explain the impact of diabetes-relevant literature published in 2019-2020 as it relates to diabetes diagnosis and management. Develop a therapeutic plan for a patient with diabetes by incorporating the diabetes-relevant literature published in 2020-2021
10:00 AM	Break
10:15 AM	Gestational Diabetes/Diabetes During Pregnancy Kelsey DeSalvo, MD Endocrinologist, Salt Lake Clinic <ul style="list-style-type: none"> Describe strategies to optimize preconception care for women with diabetes Identify women at risk for having pregestational or early gestational diabetes Review screening methods for gestational diabetes and glycemic targets during pregnancy
10:45 AM	Obesity/Gastric Bypass Surgery and Diabetes Bob Ly, DO Endocrinologist, Intermountain Healthcare Nevada <ul style="list-style-type: none"> Discuss weight loss/bariatric surgery and diabetes remission Discuss ketogenic/low carb/low calorie diets and diabetes remission Discuss diabetes medications effective for weight loss
11:15 AM	Social Determinants of Health and Diabetes—Equity/Diversity Elizabeth "Liz" Joy, MD, MPH, FASCM Senior Medical Director, Wellness and Nutrition, Intermountain Healthcare <ul style="list-style-type: none"> Define the Social Determinants of Health (SDoH) Discuss the relationship between SDoH and diabetes outcomes Describe strategies to address SDoH in the context of diabetes care
11:45 PM	Lunch
12:45 PM	Say Aye to Basal Insulin- Denise "Dez" Small, PharmD, CDCES, BCACP, BC-ADM Assistant Professor, Roseman University of Health Sciences; Clinical Pharmacist at the Edwards Internal Medicine Clinic, Intermountain Healthcare <ul style="list-style-type: none"> Recognize when it is appropriate to start basal insulin for a patient Describe how to start basal insulin and teach patients how to self-titrate the insulin Compare 2 different basal insulins available Recognize 1 clinical signal that a patient may have overbasalization with insulin therapy
1:15 PM	Medication Financial Planning William "Billie" McCracken, PharmD Clinical Pharmacist, Budge Clinic Internal Medicine and Family Practice <ul style="list-style-type: none"> Discuss Medicare Part D, patient assistance, Low Income Subsidy and the new Senior Savings Model Examine methods and programs to reduce medication costs Evaluate costs associated with continuous glucose monitors (CGMs and improving patient access)

1:45 PM	Prediabetes Elizabeth "Liz" Joy, MD, MPH, FASCM Senior Medical Director, Wellness and Nutrition, Intermountain Healthcare <ul style="list-style-type: none"> Review the epidemiology of prediabetes Describe the various diabetes prevention pathways Discuss clinical best practice in diabetes prevention
2:15 PM	Break
2:30 PM	How to Interpret Continuous Glucose Monitors (CGMs) in Virtual Visits Betsy Batcher, MD Medical Director, Endocrinology, Cottonwood Medical Clinic <ul style="list-style-type: none"> Describe best practices for video visits for patients with diabetes Use basic CGM interpretation skills Effectively employ CGM information during video visits
3:00 PM	Diabetes Care 2021: Putting It All Together - Case Based Discussions and Open Discussion Betsy Batcher, MD —Medical Director, Endocrinology, Cottonwood Medical Clinic Christopher W. Jones, MD —Medical Director for Diabetes Care at Intermountain Healthcare, Diabetologist at Cottonwood Endocrine and Diabetes Center <ul style="list-style-type: none"> Recognize patient specific characteristics to focus on for personalized treatment Apply behavioral change in diabetes in a case-based discussion Analyze pharmaceutical treatments of diabetes in a case-based discussion
4:00 PM	Closing Remarks and Ajourn Christopher W. Jones, MD —Medical Director for Diabetes Care at Intermountain Healthcare, Diabetologist at Cottonwood Endocrine and Diabetes Center

Accreditation

Intermountain Healthcare is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA Credit

Intermountain Healthcare designates this live activity for a maximum of 6.5** AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Contact Hours

Intermountain Healthcare is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This live activity offers a maximum of 6.5** nursing contact hours.

Successful completion is attending no less than 1 full session and claiming credit only for sessions attended.

Pharmacy Credit

Accreditation for this program is provided by Intermountain Healthcare. Intermountain Healthcare is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. To receive credit, attendees must complete a post-test with a score of 75% or better and complete an activity evaluation for each activity for which they are claiming credit. All credit will be reported directly to CPE Monitor™ within 60 days of claiming credit. Intermountain is not responsible for credit report failure as a result of incorrect NABP or date of birth information. Please contact ipce@imail.org or 801-507-8470 with questions.

Each of following knowledge-based activities are approved for 0.5 hour (0.05 CEU) of ACPE credit unless otherwise noted:

- Diabetes Basics 2021, ACPE UAN 0582-0000-21-075-L01-P
- Laboratory Tests in Patients with Diabetes, ACPE UAN 0582-0000-21-076-L01-P
- Motivational Interviewing for Diet and Exercise, ACPE UAN 0582-0000-21-077-L01-P
- Diabetes Literature Update 2021, ACPE UAN 0582-0000-21-078-L01-P
- Gestational Diabetes/Diabetes During Pregnancy, ACPE UAN 0582-0000-21-079-L01-P
- Obesity/Gastric Bypass Surgery, and Diabetes, ACPE UAN 0582-0000-21-080-L01-P
- Social Determinants of Health and Diabetes, ACPE 0582-0000-21-081-L01-P
- Say Aye to Basal Insulin, ACPE UAN 0582-0000-21-082-L01-P
- Medication Financial Planning, ACPE UAN 0582-0000-21-083-L01-P
- Prediabetes, ACPE UAN 0582-0000-21-084-L01-P
- How to Interpret Continuous Glucose Monitors (CGMs) in Virtual Visits, ACPE UAN 0582-0000-21-085-L01-P
- Diabetes Care 2021: Putting It All Together, ACPE UAN 0582-0000-21-086-L01-P; 1.0 hour (0.1 CEU)

*Credit hours are subject to change and based on actual learning hours and based on IPCE discretion.

REGISTRATION INFORMATION

Registration Fees	
Physicians	\$150
APPs and Pharmacists	\$100
Nurses and Respiratory Therapists	\$75
Medical Assistants and Other Healthcare Professionals	\$40

To register for the conference please visit www.intermountainIPCE.org

For assistance please call 801-507-8470 or 800-900-7262 or e-mail ipce@imail.org

Cancellation and Reimbursement Policy

Cancellation and Reimbursement Policy: Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning of the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days or less prior to the beginning of the activity.

Exceptions

Exceptions may be allowed only under extenuating circumstances and with approval from the IPCE Director, IPCE Medical Director, and AVP for IPCE.