



45th
Annual
Conference

Common Problems in Pediatrics

June 5–7, 2023

Primary Children's Hospital
Eccles Outpatient Services Education Center
Salt Lake City, UT

To register for the Common Problems Conference, go to
intermountain.cloud-cme.com/commonproblems2023

Utah Chapter

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American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®



Target Audience: Pediatricians, Family Physicians, and Advance Practice Providers





June 5, Monday

7:30 – 8:00 AM Registration and Continental Breakfast

8:00 – 8:15 AM Chapter Update | Ellie Brownstein, MD, FAAP

8:15 – 9:00 AM Hypertension in Kids | Meredith L. Seamon, MD

- Identify how often a kid should be screened for hypertension.
- Identify when pediatric patients need treatment and what initial steps should be taken.
- Recognize when to look for a secondary cause.

9:00 – 9:45 AM Type 2 Diabetes in Pediatrics | Vandana (Vana) S. Raman, MD, MBBS

- Explain when the primary care provider should screen for diabetes in kids.
- Recognize when treatment is appropriate.
- Recognize when we need to refer to a specialist.

9:45 – 10:00 AM Award Presentation

10:00 – 10:45 AM Food Insecurity: What Does it Look Like? | Christina Suh, MD

- Identify food insecurity in patients.
- Discuss the causes of food insecurity in pediatrics and its prevalence.
- Explain how to screen for food insecurity.

10:45 – 11:00 AM Break

11:00 – 11:45 AM Food Insecurity: How Can We Help? | Christina Suh, MD

- Identify what resources are available to patients struggling with food insecurity.
- Explain when and how to connect patients with resources.
- List what ideas are available to help families access the resources they need.

11:45 – 12:30 PM Dermatology in People of Color | Lucio Zapata, MD

- Identify how dermatology differs in people of color.
- List the resources available to providers to help identify dermatologic abnormalities in non-white skin.
- Discuss what primary care physicians should/can be doing to increase equity of treatment in patients of color.

June 6, Tuesday

7:30 – 8:00 AM Registration and Continental Breakfast

8:00 – 8:45 AM What Do We Do About Tongue Ties? | Jeremy D. Meier, MD

- Recognize what is tongue tie and lip tie.
- Identify what problems kids have with tongue tie and lip tie.
- Recognize when surgery is indicated.

8:45 – 9:30 AM Pediatric Plant Poisoning | Michael J. Moss, MD, FAACT

- Identify common plant exposures in children in Utah.
- Discuss toxicity of severe plant exposures in children.

9:30 – 9:45 AM Break

9:45 – 10:30 AM Online Predators & The Sextortion of Children | Free N. Hess, MD

- Discuss the who, what, where, when, and how of online predators.
- Recognize how to identify sextortion and its potential effects on our patients.
- Discuss the risk of online predators with families and patients.

10:30 – 11:15 AM The Mental Health Effects of Social Media on Children | Free N. Hess, MD

- Discuss the extent of social media use in children and how they are using it.
- Recognize the positive and negative effects of social media on mental health.
- Identify resiliency factors.

11:15 – 12:00 PM Contraception for Pediatrics | Katherine G. Hayes, MD, FACOG

- Explain what contraceptives are best for teenagers currently and what screening is needed prior to starting.
- Identify how PCP should refer to a specialist.
- Discuss the recent legal changes and changes providers need to make in their practice.

12:00 – 12:45 PM Genetics for Primary Care | David H. Viskochil, MD, PhD

- Recognize the most frequent indicators of genetic problems in kids.
- Describe which tests a PCP should be ordering and which tests should be left for the referral.
- List the most common findings indicating possible genetic abnormality.



June 7, Wednesday

7:30 – 8:00 AM **Registration and Continental Breakfast**

8:00 – 8:45 AM **Vaping: What the Pediatrician Should Know |**
Kristen N. Ameal, MD, FAAP

- Discuss the scope of the problem with vaping and kids.
- List the risks associated with vaping in kids.
- Explain ways pediatricians can help decrease vaping.
- Identify the various types of e-cigarettes.

8:45 – 9:30 AM **My Family Needs Help: Behavior Management for the PCP |**
Jordan B. Koncinsky, MD, FAAP

- Describe how the primary care physician can help families deal with behavior issues.
- Discuss how the PCP can help develop a behavior plan during a quick office visit.
- Discuss what can be done while waiting for a family to be connected with therapy.

9:30 – 9:45 AM **Break**

9:45 – 10:30 AM **Eating Disorders for the Primary Care Physician |** Nicole L. Mihalopoulos, MD, MPH

- Explain presentation of common eating disorders.
- Identify when and how to screen for eating disorders in our patients.
- Recognize resources available for providers when patients need hospitalization.

10:30 – 11:15 AM **Exam Rooms to Classrooms: Understanding and Supporting Through School Educational Supports, IEPs, and 504s |** Quang-Tuyen T. Nguyen, MD, FAAP; Kelly Stout, PhD

- Describe the basics of federal legislation regarding special education services for children ages 3 through 21.
- Discuss IEP, 504 evaluations and limitations.
- Explain strategies for how to advocate for patients within different education systems.

11:15 – 11:30 AM **Break**

11:30 – 12:15 PM **Healthy Beginnings with WIC |** Rachel H. Bowman, MS, RDN, CD, IBCLC

- Describe the participants served by WIC and how WIC services improve their health.
- Recognize the purpose of WIC nutrition education and breastfeeding promotion.
- List the free breastfeeding support services that are provided to participants served by WIC.
- List the basic foods provided by WIC, understand the regulations that guide WIC food options, and how formula is provided on the WIC program.

12:15 – 1:00 PM **Where is that Care Process Model? |** Jennifer A. Goldman, MD, MRP, FAAP

- Discuss a new collection of care process models, guidelines, and algorithms on the MEDICAL HOME Portal website to inform your practice.
- Identify how to use Key Points as teaching tools.
- Identify pertinent local resources for clinicians and families.
- Explain how to contact the MEDICAL HOME Portal to add your most valued care process models.

Printed and E-Syllabus Options

In order to provide high-quality images and graphics, the syllabus for the Common Problems in Pediatrics Conference will be available to all attendees online for download in advance of the conference. The electronic syllabus will contain presentations that were provided by the speakers. Presentations are available at the discretion of the speaker and the online syllabus will be updated each day of the conference. If you would like to receive a printed copy, simply select that option on the registration form; please note that an additional fee of \$60 will apply.

Location

The 45th Annual Common Problems in Pediatrics Conference will be held June 5–7, 2023 in-person at Primary Children's Hospital, Eccles Outpatient Services Education Center. A virtual viewing option is not available.

Exhibits

The conference will showcase the latest products and services to keep you up to date, as well as community referral resources for your practice. Exhibits will be open Monday, Tuesday, and Wednesday, in-person only.

Fees

Fees include tuition, electronic course syllabus, and certificate of completion.

Cancellation Policy

Cancellation and Reimbursement Policy: Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning of the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days or less prior to the beginning of the activity.

Exceptions

Exceptions may be allowed only under extenuating circumstances and with approval from the IPCE Director, IPCE Medical Director, and AVP for IPCE.



Objectives

The Common Problems in Pediatrics Conference is designed for physicians, residents, advanced practice providers, and others interested in pediatric care issues. The latest practical information on delivering healthcare to children will be presented through lectures and discussions. Interaction between faculty and the audience is facilitated through question and answer periods.

A wide variety of clinically relevant topics have been included to appeal to a broad range of interests. As a result of this conference, the attendee should be able to evaluate, manage, and appropriately refer pediatric patients with problems in the areas of mental health, food insecurities, diabetes, special education, behavior management, dermatology, eating disorders, and interactions to poisonous plants.



Accreditation



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Intermountain Healthcare, Primary Children's Hospital, the Department of Pediatrics at the University of Utah School of Medicine, and the Utah Chapter of the American Academy of Pediatrics. Intermountain Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Credit

Intermountain Healthcare designates this live activity for a maximum of 13* AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*Credit hours are subject to change and based on actual learning hours and at the discretion of IPCE.

MOC Part 2 Credit

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 13 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.



Speaker List

Kristen N. Ameal, MD, FAAP

Assistant Professor
Department of Pediatrics
University of Utah School of Medicine

Rachel H. Bowman, MS, RDN, CD, IBCLC

Nutrition Coordinator
Utah WIC Program
Utah Department of Health and Human Services

Ellie Brownstein, MD, FAAP

Conference Director
President, American Academy of Pediatrics, Utah Chapter
Pediatrician, Greenwood Health Center
Adjunct Professor,
Department of Pediatrics
University of Utah School of Medicine

Jennifer A. Goldman, MD, MRP, FAAP

Associate Professor
Department of Pediatrics
University of Utah School of Medicine

Katherine G. Hayes, MD, FACOG

Assistant Professor
Department of Gynecology
University of Utah School of Medicine

Free N. Hess, MD

Physician, Child Safety Consultant,
Founder, and CEO
Pediatric Emergency Medicine
PediMom

Jordan B. Koncinsky, MD, MS, FAAP

Assistant Professor
Department of Pediatrics
University of Utah School of Medicine

Jeremy D. Meier, MD

Associate Professor
Department of Surgery
University of Utah School of Medicine

Nicole L. Mihalopoulos, MD, MPH

Professor
Department of Pediatrics
University of Utah School of Medicine

Michael J. Moss, MD, FACP

Assistant Professor
Department of Emergency Medicine
University of Utah School of Medicine

Quang-Tuyen T. Nguyen, MD, FAAP

Vice Chair, Justice, Equity, Diversity,
and Inclusion
Associate Professor
Department of Pediatrics
University of Utah School of Medicine

Vandana (Vana) S. Raman, MD, MBBS

Associate Professor
Department of Pediatrics
University of Utah School of Medicine

Meredith L. Seamon, MD

Assistant Professor
Department of Pediatrics
University of Utah School of Medicine

Kelly Stout, PhD

Psychologist
Department of Pediatrics
University of Utah School of Medicine

Christina Suh, MD

Pediatrician, Director of Clinical
Content
Department of Pediatrics
Children's Hospital Colorado

David H. Viskochil, MD, PhD

Professor
Department of Pediatrics
University of Utah School of Medicine

Lucio Zapata Jr., MD

Resident Physician
Department of Dermatology
University of Utah School of Medicine

Planning Committee

Ellie Brownstein, MD

Conference Director
President, American Academy of Pediatrics, Utah Chapter
Pediatrician, Greenwood Health Center
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Department of Pediatrics
University of Utah School of Medicine

Alisa Stoddard, BS

Executive Director
American Academy of Pediatrics,
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Erin M. Avondet, MD

Assistant Professor
Department of Pediatrics
University of Utah School of Medicine

Kristine A. Campbell, MD, MSc, FAAP

Professor
Department of Pediatrics
University of Utah School of Medicine

Lu Lu Waterhouse, MD

Pediatrician, Willow Creek Pediatrics
Adjunct Assistant Professor
Department of Pediatrics
University of Utah School of Medicine

Tuition	Early Bird	After
UTAAP/UAFP Member	\$449	\$489
Non-member Physician	\$559	\$599
UTAAP Affiliate/Non-Physician Member	\$345	\$395
Non-Physician	\$449	\$499
Pediatric/Family Physician Resident	\$85	
Medical Student	\$35	
1 Day Only	\$310	
Printed Syllabus	\$60	Not available

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If you have questions or need registration assistance, please contact IPCE at:
801-507-8470 | Toll-free number: 800-910-7262
Email address: ipce@imail.org





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