

Intermountain Project ECHO Eating Disorders -8/20/2026

August 20, 2026

12:00 PM

St. George Regional Hospital - Foremaster Building

Claim Credit Code: 61336

There is no charge for this educational activity

Target Audience

This program has been designed for the following professions and practice areas: Physician, Non-Physician, Administrative Assistant, Administrator, Advanced Practice Provider, Emergency Medical Technician, Health Professional, Medic, Medical Assistant, Medical Laboratory Scientist, Midwife, Nurse, Nurse Practitioner, Nurse-Administrator, Nurse-Clinical, Paramedic, Physiotherapist, Professor, Psychiatrist, Student, Social Worker, Psychologist, Clinical Social Worker, Behavioral Health, Eating Disorders

Session Educational Objectives

After completing this educational activity, participants should be able to:

1 Discuss and review best practices in the diagnosis and treatment of eating disorders

Accreditation



Intermountain Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA Credit

Intermountain Health designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Acknowledgement of Commercial Support*

No commercial support is being received for this event

Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

It is policy at Intermountain Health's Interprofessional Continuing Education Department for individuals who are in a position to control the content of an educational activity to disclose to the learners all relevant financial relationships that they have with any commercial interest that provide products or services that may be relevant to the content of this continuing education activity.

The intent of this policy is to ensure that Intermountain Health certified activities promote quality and safety, are effective in improving medical practice, are based on valid content, and are independent of control from commercial interests and free of commercial bias. In addition, all faculty were instructed to provide balanced, scientifically rigorous and evidence-based presentations.

The staff in the Interprofessional Continuing Education Department (IPCE) have disclosed that they have no relevant financial relationships with any commercial interests related to the content of this educational activity. Neither the speaker(s), planner(s) nor anyone in control of content for today's accredited RSS have any relevant financial relationship(s).

The Accreditation Council for Continuing Medical Education (ACCME) standards and guidelines require that individuals participating in CE activities are aware of commercial interests that could potentially affect the education presented. Intermountain Health adheres to the ACCME Standards regarding industry support of continuing education and disclosure of faculty and commercial sponsor relationships (if any) will be made known below.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Jon Benfield, DO, FAAPMR	Course Director	Advisor-Stratus Medical Advisor-Headmeds.co - 03/17/2026
Kendal Bjella, MS, RDN	Faculty	Nothing to disclose - 06/30/2026
Amber Esplin, MS	Other Planning Committee Member	Nothing to disclose - 06/11/2026
Jennifer Wilke, MS	Activity Coordinator	Nothing to disclose - 08/03/2026

All relevant financial relationships have been mitigated. For information on this process, please contact the IPCE department at 801.507.8470 or email IPCE@imail.org.

Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefits. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected.

****You must claim credit within 48 hours of the session. Physician faculty may not claim credit as a participant for their own presentations, but may claim credit for other segments they attend as a participant****

****The purpose of the on-site CME is to improve the quality of care provided to hospital patients. The CME is intended to be primarily for the benefit of the hospital's patients. The participant agrees that, when providing services to hospital patients, the participant***

will use what he or she has learned from the CME to improve the care that is provided to hospital patients, thereby benefiting hospital patients